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## What about Me

By Melva Dorsey

Trafford Publishing. Paperback. Condition: New. 32 pages. Dimensions: 10.8in. x 8.5in. x 0.3in. WHAT ABOUT ME (WAM) Project is designed to be used in treatment centers, schools, churches, community centers, in the home and to any female and of ages from puberty to menopause. The WAM Interactive Workbook has been written and designed by Dr. Melva Dorsey to be used as a tool within the WAM Presentation; valuable information that has been reviewed by a medical professional is presented, teaching these women their body basics and functions and also how to protect themselves from STDs and unwanted pregnancies. WAM engages each womanfemale on self knowledge and then re-educates them to have a greater positive body image which is of great importance for women recovery from substance abuse; self acceptance is need to help prevent relapses. WAM womenfemales are taught how to use the proper terms when referring to their body parts. Open discussions within group strengthen the foundational tools each individual womenfemales needs to affirm her understanding about being a women and a lady. WAM seeks to improve womens health through education and support; teaching the importance of self care creates an ease about keeping Doctors appointments which can saved their...



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